

From the Colorado River to your plate

How California uses water efficiently



farmwater.org

California's farms and ranches supply the ingredients for this meal. The Colorado River is one of the state's key irrigation sources used to grow high-quality produce and support livestock feed with **remarkable efficiency**. Ingredients produced in California have a significantly smaller water footprint than the global average.

Main Course

Grilled filet mignon with lemon-butter sauce, crisp iceberg wedge salad topped with bleu cheese, bacon, shredded carrots, and chives, plus grilled sweet corn on the cob.

MEAL INGREDIENT

% LESS WATER USED IN CALIFORNIA

compared to the global average

Beef filet mignon

↓ 18.8%

Olive Oil

↓ 66.4%

Corn

↓ 43.7%

Lettuce

↓ 56.9%

Lemon

↓ 69.9%

Garlic Powder

↓ 31.6%

Sour Cream

↓ 18.8%

Butter

↓ 18.8%

Carrots

↓ 38.1%

Bleu Cheese

↓ 19.1%



Dessert

Warm toffee-date cake with vanilla ice cream, toasted hazelnuts, and caramel sauce.

Dates

↓ 85.2%

Flour

↓ 22.9%

Heavy Cream

↓ 18.7%

Eggs

↓ 18.6%



This meal requires **21% less water** overall, when produced in California.